

# 10th Grade ICAP Advisory Syllabus

## Description:

The purpose of this course is to help students succeed academically and emotionally in school and beyond. Students will learn social emotional, professional, and academic skills to support their academic and social success along with future “Grade Level 13 readiness”.

## Materials:

- Student Naviance account
  - [student.naviance.com/hjshs](http://student.naviance.com/hjshs)
    - Username: student email
    - Password: student set
- 10th Grade ICAP Google Classroom

## Learning objectives and outcomes:

By the end of the year, students will be able to...

- Analyze the interrelationship of physical, mental, emotional, and social health (CDE Comprehensive Health Standards, HS, 3.3)
- Set goals and monitor progress on attaining goals for future success (CDE Comprehensive Health Standards, HS, 3.3)
- Advocate to improve or maintain positive mental, emotional well-being for self and others (CDE Comprehensive Health Standards, HS, 3.3)
- Make Progress Towards Grade Level 13 Readiness in the areas listed as ICAP Quality Indicators
  - Personal Awareness
  - Career Awareness
  - Postsecondary Aspirations
  - Postsecondary Options
  - Environmental Expectations
  - Academic Planning
  - Employability Skills

2020/2021 School Year (.5 credits)

Teachers: Dunn, Portwood, and Geoffroy-Suppes

## Assignments/Schedule:

	<b>Advisory Class SEL Lesson</b>	<b>WhyTry SEL Lesson</b>	<b>ICAP Lesson in Naviance</b>
<b>August</b>	Class Contract	Starting Strong	SMART Goals
<b>September</b>	Time Management and Organization	Get Plugged In	Career Interest Profiler
<b>October</b>	Self-Awareness and Self-Regulation	Labels	Professional Communication and Interview Skills
<b>November</b>	Coping with Crisis	Motivation Formula	Housing
<b>December</b>	Contract Review	Climbing Out	Goal Review
<b>January</b>	Growth Mindset	Desire, Time, and Effort	Exploring College Options
<b>February</b>	Healthy Relationships	Jumping Hurdles	Resume Scavenger Hunt
<b>March</b>	Mindfulness	Defense Mechanisms	Resume Building
<b>April</b>	Effective Communication	Lift the Weight	Study Skills and Test Taking Strategies
<b>May</b>	Exploring, Culture, Identity, and Social Justice	The Wall	Goal Review

## Grading:

<b>Assignment</b>	<b>Points</b>
10 Advisory Class SEL Lessons	10 lessons x 10 points = <b>100 points</b>
10 WhyTry SEL Lessons	10 lessons x 10 points = <b>100 points</b>
10 ICAP Lessons in Naviance	10 lessons x 10 points = <b>100 points</b>
36 Weeks of Participation	36 weeks x 12 points = <b>432 points</b>
<b>Total Points</b>	<b>732 points + any points from your advisory teacher</b>

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## **Policies:**

- All assignments are due on the first of the following month (ex. If your lesson was in January, it is due February 1st)
- Assignments will be accepted late for 10% off per day late (ex. One day late = 10% deduction, 2 days late = 20% deduction, etc.)
- Assignments will not be accepted after 10 days late
- Participation is over half of your grade!
- Remember, it is your job to advocate for yourself. If you miss school (excused or unexcused), be sure to check that you did not miss any assignments.
- If you need help with academics, please follow your advisory teacher's policy on getting help in the Skills Center.
- Dates listed are subject to change.
- Grading rubrics will be given for all graded assignments.
- Assignments can be redone up to 2 weeks after the assignment rubric was returned.